

Kenya Experience



SCHOOL CAMP INFORMATION SHEET

Training Camps in Iten
Kenya for your School
team



Kenya Experience School Camps

Kenya Experience is the perfect trip for your school team.

Combine a world-class training camp with exposure to a new and exciting culture, providing your young runners with the experience of a lifetime.

Our trips include expert coaching, an exciting itinerary, and a unique and unrivaled look inside the lives of Kenyan runners.

Grow as individuals and as a team, improve your running, and support the local community in Iten, Kenya's 'Home of Champions'.



Pricing:

1week camps: £950pp

2 Week Camps £1350pp

**Full Board, Airport Transfers included
Discounts for teachers and large groups**



Kenya Experience

School Camps

Summary

A running camp in Iten Kenya for your school team.

Combine a high-quality, coached running camp in Iten, Kenya's Home of Champions, with a cultural immersion into the world of Kenyan running.

What is it?

A fully guided and coached training camp experience for enthusiastic young runners.

Who is it for?

Schools who want to offer their young runners the life-changing opportunity to run in Kenya's 'Home of Champions' and to experience the local culture in East Africa.

Kenya Experience is for young runners of all levels and abilities who want to experience the thrill of international travel and experience an elite-style training camp, whilst learning from a new culture.

How it works?

We will meet you on arrival at Eldoret Airport and take care of everything from that moment until we drop you back at Eldoret for your departing flight.

Your training camp includes full-time tour hosts, coaches, and guide runners working exclusively with your group.



How is this beneficial to your young runners and school?

- Enjoy foreign travel and experience a new culture
- Motivate and inspire your student runners
- Engage with the local community in Iten and contribute to community projects run by our charity partner Gathimba Edwards Foundation
- Improve the performance of your schools' team
- Train at altitude
- Increase the prestige of your school running program both within the school and beyond
- Learn from Kenyan runners and coaches



What's Included

- Full board accommodation
- Return transfers from Eldoret Airport
- Coach and expert-led running camp
- Local guide runners
- A full itinerary of activities including seminars, Q&A's, practical workshops, trips and visits providing a cultural immersion inside the Kenyan running scene
- Opportunity to support community projects
- Full customer support in advance of your trip from our UK based team
- Kenya Experience camp T-Shirt
- Full financial protection

Transport:

All transport used during the camp, for airport transfers, trips, visits and attending training sessions will be in private hire vehicles. All drivers are professional and licensed to carry passengers. No public transportation will be used at any time.

Accommodation:

High Altitude Training Centre (HATC)

The Kenya Experience guests are accommodated in the HATC Deluxe Twin Rooms. These are equipped with en-suite private bathrooms with hot water showers.

Rooms are on a twin basis - Single Occupancy is offered to teachers and group leaders where available



Accommodation and facilities

High Altitude Training Centre

Our host venue throughout the tour is the High Altitude Training Centre (HATC) in Iten.

HATC is Iten's premier training camp and the chosen venue for elite athletes including the GB team and Mo Farah.

Clean, comfortable, and secure accommodation with excellent training facilities.

Rooms are simple and comfortable with en-suite bathrooms including hot water showers.

Meals are provided buffet style 3x daily with hot drinks and snacks available between meals.

24/7 security guard for your peace of mind and security.

On-Site Gym, Swimming Pool, Sauna, and Relaxation Lounge



Who are we?

Kenya Experience is part of the Running Trips Ltd family.

Kenya Experience is the original running holiday in Iten.

We hosted our first group in March 2011 and have since hosted hundreds of runners in Iten.

Our goal is to provide a running camp of unparalleled quality for runners of all levels from all corners of the world whilst enhancing and developing the local community.

Kenya Experience is operated by Running Trips Ltd and based in Loughborough, UK.

Any Questions? Email us at info@traininkenya.com and we will be happy to help



Pricing

Camps available from 3 days to 3 weeks +

Our standard Kenya Experience itinerary is 2 weeks. However, we have adapted this for school groups who may prefer a shorter duration tour and we can tailor all trips to your requirements.

Guideline Pricing:

1 week (6 night) Camp: £950 pp

2 Week (13night) Camp £1350 pp

Discounted places for teachers and group leaders.

Free upgrades to single occupancy rooms for teachers & group leaders (where available)

Discounts for large groups

Optional Extras:

Day Trip: Lake Nakuru Safari

Longer Safari Trips

All school camps can be tailored to your requirements. Email us to discuss your group's needs

Flights

International and domestic flights are not included in the prices and are to be booked separately. Our team can help and advise as much as necessary in regard to your travel plans, visa applications and all other aspects of your pre-camp preparation.



Staff and Coaches

Kenya Experience staff are experts on Kenyan running with vast experience in Iten specifically.

We use only the highest quality staff, thus ensuring that your enjoyment, safety and training are maximised.

Camps are led by Willy Songok, our Head of Guest relations. Willy is joined by a team of coaches including Collins Kibet and Richard Mukche as well as our run guides led by captain Emmanuel. Alex Kariankei is our camp photographer.

Our UK office is headed by Gavin Smith alongside Callum Jones who will support you throughout your preparation and during the training camp itself.

Willy Songok
Head of Guest Relations



Collins Kibet
Coach



Richard Mukche
Coach



Emmanuel Kipruto
Run Guide Captain



Booking Process

- Book your place using our online form or by emailing info@traininkenya.com
- A deposit of £100 pp will secure your place. We will then send your welcome pack.
- 8 weeks from your arrival date we will invoice for the remaining balance.
- We will also send your pre-camp information packs. The pre-camp information pack will contain everything you need to know to prepare for your trip, from Visa info to suggested items to pack.
- Your final payment is due 4 weeks prior to arrival.
- All money paid is 100% transferable in the event that one of your team are unable to travel due to injury or illness.
- Online or in-person information evenings are available on request
- We are of course here throughout this process to help and assist you with anything you need to plan and prepare for your training camp.



Insurance & Financial Protection



Book with confidence

In compliance with The Package Travel and Linked Travel Arrangements Regulations 2018, an insurance policy has been arranged with Travel & General Insurance Services Limited (t&g), to protect customers' prepayments in the unlikely event of financial failure,

Customers' prepayments are protected by a topp policy. This policy is provided by Travel & General Insurance Services Limited (t&g), registered number 02527363 and underwritten by Hiscox Insurance Company Limited (Hiscox), registered number 00070234. t&g and Hiscox are authorised and regulated by the Financial Conduct Authority and the Prudential Regulation Authority (number 113849)

