

# Kenya Experience



JULY 2023

What to expect on the  
July 2023 Kenya  
Experience Camp



# Kenya Experience

## July 23rd - August 5th 2023

### Kenya Experience

The running camp of a lifetime.

#### Suitable for:

Runners of all levels who wish to experience training in Kenya and to immerse themselves in the running culture in Iten.

#### Dates:

Arrival: 23rd July 2023

Departure: 5th August 2023



**Arrival:** Throughout the day on 23rd July. We will meet you on arrival at Eldoret Airport.

**Departure:** Outbound flights from Eldoret throughout the day on 5th August.  
(Different arrival & departure dates can be accommodated)

#### Camp Status:

Confirmed - This trip is confirmed to go ahead on the on the stated dates.

#### Cost:

Full Camp Fee: £1350

Additional nights accommodation £60 per person per night.

Longer and shorter stays are available on request.

# What's Included

- 13 nights full board accommodation
- Return transfers from Eldoret Airport
- Coach and expert led running camp
- Local guide runners
- A full itinerary of activities including seminars, Q&A's, practical workshops, trips and visits providing cultural immersion inside Kenyan running scene
- Full customer support in advance of your trip from our UK based team
- Kenya Experience camp T-Shirt
- Full financial protection

## Transport:

All transport used during the camp, for airport transfers, trips and visits and attending training sessions will be in private hire vehicles. All drivers are professional and licensed to carry passengers. No public transportation will be used at any time.

## Accommodation:

High Altitude Training Centre, Iten (HATC)  
The Kenya Experience guests are accommodated in the HATC Deluxe Twin Rooms. These are equipped with en-suite private bathrooms with hot water showers.

Rooms are on a twin basis. If traveling solo you will be placed with another same-sex runner.

Single occupancy is available on request.



# Staff and Coaches

Kenya Experience staff are experts on Kenyan running with vast experience in Iten specifically.

We use only the highest quality staff, thus ensuring that your enjoyment, safety and training are maximised.

Camps are led by Willy Songok, our Head of Guest relations. Willy is joined by a team of coaches including Collins Kibet and Richard Mukche as well as our run guides led by captain Emmanuel. Alex Kariankei is our camp photographer.

Additionally, we will be joined by guest experts throughout the camp who will lead seminars and practical sessions in their area of specific expertise.

## Staff for this Camp include:

Willy Songok  
Head of Guest Relations



Collins Kibet  
Coach



Richard Mukche  
Coach



Emmanuel Kipruto  
Run Guide Captain



# Booking Process

- Book your place using our online form or by emailing [info@traininkenya.com](mailto:info@traininkenya.com)
- When we receive your booking details we will send an invoice for the £100 deposit which will secure your place. We will then send your welcome pack.
- 8 weeks from your arrival date we will send your invoice for the remaining balance, as well as your pre-camp information. The pre-camp information pack will contain everything you need to know to prepare for your trip, from Visa info to suggested items to pack.
- Your final payment is due 4 weeks prior to arrival.
- All money paid is 100% transferable in the event that you are unable to travel due to injury or illness.
- We accept payment via bank transfer or credit/debit card.

Any Questions? Email us at [info@traininkenya.com](mailto:info@traininkenya.com) and we will be happy to help



# Insurance & Financial Protection



## Book with confidence

In compliance with The Package Travel and Linked Travel Arrangements Regulations 2018, an insurance policy has been arranged with Travel & General Insurance Services Limited (t&g), to protect customers' prepayments in the unlikely event of financial failure,

Customers' prepayments are protected by a topp policy. This policy is provided by Travel & General Insurance Services Limited (t&g), registered number 02527363 and underwritten by Hiscox Insurance Company Limited (Hiscox), registered number 00070234. t&g and Hiscox are authorised and regulated by the Financial Conduct Authority and the Prudential Regulation Authority (number 113849)

